



## SUPPORTING WOMEN WITH INJURIES FROM CHILDBIRTH

### **Perinatal Pelvic Health Webinar - NHS England Long Term Plan**

(Barriers to healthcare & discrepancies with Scotland/Wales/Northern Ireland)

Thursday 14<sup>th</sup> September 2023 12:30 - 14:30

A multidisciplinary webinar organised by The MASIC Foundation with leading speakers, reflecting the diverse professional roles required to co-ordinate and deliver effective evidence based and individualised care for women who have experienced Obstetric Anal Sphincter Injuries (OASI), pelvic floor injuries and their consequences.

In June 2021, NHS England announced that tens of thousands of pregnant women and new mums would benefit from their perinatal pelvic health initiative (PPHI). This was to be in the form of new one stop shop clinics for women with symptoms, bringing together midwives, specialist doctors and specialist physiotherapists under one roof. The clinics were to be initially rolled out in 14 areas of the country with up to 175,000 women set to benefit from the additional support every year. The MASIC Foundation looks at these services two years on. Is the NHS providing the services they promised, what do they look like in reality and have women seen a marked attitude change in being referred to the clinics?

The webinar will be hosted by:

Co-chairs:

**Professor Bob Freeman - Consultant Urogynaecologist, Plymouth University Hospital & Education  
Chairman for the MASIC Foundation**

**Samantha Vincent - Perinatal Specialist Physiotherapist, The Hillingdon Hospital NHS Foundation  
Trust**

Schedule:

**Welcome: Suzanne Vernazza - Pelvic Health Physiotherapist and Founding Director of 'Know  
Your Floors'**

- Establishing Perinatal Pelvic Health Services across England. - **Charlie Podschies - Senior Policy Manager at NHS England**
- Discrepancies in care provision for OASI and pelvic health - **Julie Cornish - Colorectal Consultant, University Hospital of Wales**
- One midwife's journey to improving perinatal pelvic health, Devon experience of PPHS - **Lizzie Phillips, Pelvic Health Specialist Midwife, Midwifery clinical lead of Devon PPHS & OASI2**

- Physiotherapists at the Forefront of Perinatal Care - **Paula Iguualada-Martinez, LMS Pelvic Health Physiotherapist - Advanced Clinical Practitioner at Guy's and St Thomas' NHS Foundation Trust**
- APPEAL (Antenatal Preventative Pelvic Floor Exercises and Localisation) training for midwives to support women to do their exercises during pregnancy and plans for training other health professionals (eg GPs and practice nurses) to support women to do their exercises throughout life. - **Professor Sarah Dean, Professor in Psychology Applied to Rehabilitation and Health**
- Identifying women's risk of Pelvic Floor Dysfunction: UR-CHOICE as a possible tool for triage - **Professor Suzanne Hagen, Professor of Health Services Research, NMAHP & Carol Bugge, Professor of Nursing, Department of Nursing and Community Health, Glasgow Caledonian University**
- Question & answer session will be led by the Co-chairs with all speakers (questions may be asked during the webinar or be sent in advance to [admin@masic.org.uk](mailto:admin@masic.org.uk))

**Tickets for this event include CPD Points (PENDING), a certificate of attendance and a recording of the live event sent to your email address**

**Target Audience Open to All, but in particular Obstetricians & Midwives, Nurses, Allied Health Professionals & Students.**

**Cost:** Medical Doctors £40, Other Professionals £40  
Midwives, Nurses & Allied Health Professionals £20, Students £5,  
Women with OASI Free, although donations are gratefully received

The MASIC Foundation would like to acknowledge Bolt Burdon Kemp and Medtronic for sponsoring this event



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Click this link or scan the QR code for tickets to the event:

<https://www.eventbrite.co.uk/e/the-perinatal-pelvic-health-initiative-nhs-england-long-term-plan-tickets-669021289687?aff=oddtcreator>

