



Mothers with Anal Sphincter Injuries in Childbirth

Supporting mothers, making the public aware, educating the profession

Registered with the Charity Commission for England and Wales no. 1169632

Website: www.masic.org.uk

THE GEORGE FOSTER NORTH-WEST MASIC EDUCATION DAY

PAST TREASURER FOR THE MASIC FOUNDATION

PREVENTING AND TREATING OBSTETRIC ANAL SPHINCTER INJURIES IN CHILDBIRTH

Tuesday, 3 March 2020

**Education and Training Centre
Countess of Chester**

9.30 Registration

Chair: Jennie Grainger

10:00 Welcome, George the OASI syndrome and MASIC

10:20 A mother's story, how I became MASIC Admin, a vision for support groups

10:40 A mother's Story and how I was able to move on

Prof M Keighley, President of MASIC

Anna Clements

Jo Prance

11:00 Coffee

Chair: Karen Telford

11:20 Role of the colorectal nurse and rectal irrigation

11:35 Physiotherapy Support for OASI mothers

11:50 Lets talk about sex after perineal trauma

12:05 Lifestyle tips and tricks for OASI mothers

12:20 Questions and answers

12:30 Lunch

13:00 Workshops

Rectal Irrigation

Anopress

Practical session for Neuromodulation (PTNS & SMN)

Brigitte Collins, Clinical Education Manager,
MacGregor Healthcare

Katie Mann, Physiotherapy Support for Mothers
with OASI, Southport & Ormskirk NHS Trust

Kate Walsh, Specialist Physiotherapist in Pelvic
Health, Liverpool Women's Hospital;

Emma Mathews, Psychotherapist, Chester

Sandra Blythin, Specialist Physiotherapist in Pelvic
Health, Mid Cheshire NHS Trust

All speakers

Retro Cafe

Brigitte Collins, Clinical Education Manager,
MacGregor Healthcare

Siobhan Bathgate, Colorectal Pelvic Floor Nurse, St
Helen's & Knowsley NHS Trust.

Domini Mullins, Advanced Surgical Care Practitioner
for Pelvic Floor Dysfunction, Manchester University
NHS Trust

Sandra Blythin, Specialist Physiotherapist in Pelvic Health, Mid Cheshire NHS Trust
Clare Molyneux, Clinical Specialist Physiotherapist in Lower GI Disorders, Manchester University Trust

Chair: Shaireen Aleem
14:00 Mothers stories

14:30 OASI Clinic

14:45 Future Delivery after OASI

15:00 Questions and answers

15:15 Coffee

15:30 Chair: Mike Keighley

15:30 Urogynaecology consequences after OASI

15:45 Outcomes after perineal reconstruction

16:00 Neuromodulation in OASI

16:15 Questions and close of meeting

Kelly Davies – Mother

Nicola Kulyn video, introduced by Clare Molyneux
David Iles, Consultant Obstetrician & Gynaecologist
Manchester University NHS Trust

Gillian Fowler, Consultant Obstetrician &
Gynaecologist, Liverpool Women's Hospital
All faculty

Shaireen Aleem, Consultant Obstetrician &
Gynaecologist, Southport & Ormskirk Hospital NHS
Trust

Jennie Grainger, Consultant Colorectal Surgeon,
Countess of Chester

Karen Telford, Consultant Colorectal Surgeon,
Manchester University NHS Trust

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